2: Krige and Krige E-5 (1928-1939)1943
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CHAPTER III

BASES OF SUBSISTENCE

The agricultural complex of activities—culture-change adjustments, and problems of malnutrition, education, and division of labour in agriculture—the place in the society, and present-day problems, of animal husbandry—modern threats to the interest in the vegetation as a basis of subsistence.

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THE Lovedu are great agriculturalists and poor pastoralists. They have a vast knowledge of the vegetation, which constitutes the best example of a science among them. It is a science closely related to their everyday lives and upon which they rely, even more than upon their cattle, goats, pigs, and fowls, for their subsistence. They eat the fruits and roots of the plants, depend for their relishes upon leaves and soft stems, and in dozens of other ways nourish themselves upon the natural products of the soil. Not agriculture and animal husbandry alone, but these, together with wild fruits, woods, and other products of nature, are the bases of subsistence.

These bases are all fundamental, but they have different value in different aspects of the culture. Agriculture is most important as a source of the substantial foods; natural fruits provide relishes and variety, and as a means of nutrition are much more prominent than domestic animals. Cattle and goats are primarily not food at all; their great role lies in supporting the social structure. In considering the sources of the primary needs of man, we should get a wholly distorted picture if we omitted the natural vegetation, the use of which as food, in economic pursuits, and in medicine is one of the most impressive features of Lovedu culture. Tillage and animal husbandry presume an extensive practical knowledge of soils, crops, and grasses; but this body of knowledge takes second place beside the imposing science at the basis of handicrafts, natural foods—indeed, the whole medical, nutritional, and economic structure of the society.

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Nature is not merely a physical fact; it is a living reality, an integral part of the culture. Environment is not something apart from man and his needs; it is the medium in which he lives and breathes. And it is their direct reliance on nature that makes the Lovedu so strikingly different from us, just as their everyday knowledge of the names, qualities, and uses of trees, bushes, and all kinds of plants so greatly overshadows the corresponding knowledge of ordinary men among us. We, who live in a world in which nature satisfies our primary needs in a roundabout manner, cannot easily realize how different conditions are in a world where the satisfaction is direct. We are often inclined to picture primitive man as engrossed in ritual pageant unrelated to, and unserviceable for, the major ends of human existence. It is very necessary to correct this view. It is often thought that sex, magic, and witchcraft absorb most of the time, activities, and interests of primitive man. But, at all events among the Lovedu, more time and energy is spent, more interest centred,